

Feeding South Dakota Volunteering Guidelines

Thank you for volunteering at Feeding South Dakota! The hard work and dedication of volunteers like you are how we are able to help feed thousands of people across the state of South Dakota who need food assistance. To make sure that everyone has a safe and enjoyable volunteer service experience, there are a few guidelines to read before you volunteer. If you have any questions at any time, just ask any staff member for assistance.

- All volunteers must wear closed-toe and closed-heel shoes! (No sandals)
- Take your temperature the morning of your volunteer opportunity. If you or any other individuals in your household have a fever, do not volunteer that day. If you or if any other individuals in your household are feeling sick, please stay home and schedule another time to volunteer.
- If you begin to feel any symptoms of illness while volunteering, let a Feeding South Dakota staff person know and immediately leave the volunteer project. Please seek medical advice promptly by calling ahead to a doctor's office or emergency room prior to a medical evaluation.
- Wash your hands before and often while volunteering and use hand sanitizer that is readily available in our buildings.
- Wear gloves while handling food and change them frequently. If working with bulk food product, there are additional specific food safety rules that you'll be advised upon as well.
- Follow current CDC guidelines for personal health and safety. Refrain from touching your face and hair or shaking hands or touching other volunteers.
- No backpacks, purses and miscellaneous items should be brought into the sort room or warehouse. Please leave these at home or in a locked vehicle for safekeeping.
- All volunteers are expected to remain in their work area where assigned.
- No chewing gum is allowed while you are in the food pantry, warehouse or sort room.
- No throwing cans, boxes or any other products.
- Do not remove any item, including food, from the warehouse, sort room, food pantry or from a Feeding South Dakota event, even if it is being discarded.
- No climbing in and out of the totes or barrels. Alert a staff member if products cannot be reached.
- Do not lift items that are too heavy for you. Always ask for assistance.
- No climbing on racks. Alert a staff member if products cannot be reached.
- No running, jumping or playing on pallets. No riding or standing on pallet jacks, buggies or carts.
- No driving Feeding South Dakota vehicles or fork lifts without official training and authorization. Manual pallet jacks may be used to move lightweight pallets with instruction and permission from staff.
- Please refrain from using cell phones while working in the warehouse except in emergencies.

